

INDIAN SCHOOL MUSCAT
SECOND PERIODIC ASSESSMENT
MAY 2019
CLASS XII

SET A

Marking Scheme – PSYCHOLOGY [THEORY]

Q.NO.	Answers	Marks (with split up)
1.	Social desirability	1
2.	True	1
3.	Resilience	1
4.	Pareek	1
5.	Lazarus & Folkman proposed cognitive theory of Stress appraisal theory. It includes the two appraisals Primary Appraisal Secondary Appraisal The two appraisals are depending on past experience and controllability	3
6.	Behavioural approach of personality describes the personality as the combination of various behavioural elements. The behavioural approach considers response as a structural unit or element to know and analyze the personality. The various experiments carried and conducted by Pavlov, Skinner and Bandura are explaining the personality in terms of behaviour.	3
7.	Stress management techniques are i. Relaxation ii. Meditation iii. Biofeed back iv. Creative visualization v. CBT vi. Exercise	4
8.	Post Freudian theories of personality i. Carl Jung – Aims and Aspirations ii. Alfred Adler – Life style and social interest	6

	<p>iii. Karen Horney – Optimism</p> <p>iv. Erich Fromm – The Human concerns</p> <p>v. Erik Erikson – search for identity.</p>	
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